

**KLIMB: CREATORS' Edition**  
**Focus : Sacral Chakra**

**14-19th Dec, North Goa.**  
**(Residential)**

**Become the Cause.**  
**Become the Co-creator.**  
**Expand your Energy**





**While The Warrior Edition in Sept.  
is about Grounding & Bringing Direction &  
Clarity. (4 N / 5 D)**

**The Creator Edition in Dec.  
is about Bringing Creativity & Flow to life.  
(5 N / 6 D)**

You are manifesting 24/7

CONSCIOUSLY

OR

UNCONSCIOUSLY.



SO CREATIVITY is not just for artists.



This Edition is all  
about:  
**Flow and Focus**  
**through Brain,**  
**Body & Heart.**



**Creativity Thrives in Safety,**  
**Not in Worry or in a Hurry.**

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# What Students are saying?

The end of Klimb couldn't have come at a more perfect time ❤️ I really felt like I let something go on the inside and I'm going to meditate and reflect on the experience after my first day back, on this full moon and in the days to come! Cannot thank you enough 🌸 Always always grateful!



All pics are actual.

Urmiiiiii ❤️

I'm so glad I chose to come for this KLimb, it was all that I wanted to experience and more!! I'm def still processing all of it but felt like telling you this: I have soooooo much love and respect for you and all that you stand for. It truly was inspiring to just meet you and learn from observing you. Like I said that day, in you I've found a friend, guru, mentor and cheerleader. I feel such a deep connection to you that I can't seem to explain it in words. Thank you for being you, you're an absolute rockstar with the kindest heart. ✨

I love you and look forward to meeting again. 💜

3:23 PM



**KLIMB- CREATOR Edition :**  
**14-19th Dec 2023**

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**FOCUS Element: Water**

**Creativity Inducing:**

- 1. Evenings Flow movement and Music (recorded) Sessions.**
- 2. Mornings Yang and Focus-enhancing practice.**
- 3. Activities to stimulate your senses.**

# KLIMB- CREATOR Edition :

## 14-19th Dec 2023

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### **And we IGNITE the Element: FIRE**

1. Processes to unblock your fears of judgement.
2. You will channelise your creativity to a certain project / goal / relationship
3. KAMBO Medicine Ceremony  
with Cristina (as the Medicine Facilitator)

<https://www.planetkambo.com/post/kambo-benefits> Please use this link to read more on KAMBO medicine. This ritual will be optional and I am happy to take you through its significance in this retreat over a call. Please feel free to reach out to me for a call.



KLIMB includes

1. 8 hrs of Energy Coaching with Urmi (~~worth 900 USD~~)
2. 8 hrs of Fitness & Movement Coaching with Urmi (~~worth 900 USD~~)
3. Fit—Meals, Premium Quality Snacks / Coffee / Teas
4. 5 nights accommodation
5. Excursions during KLIMB
6. KAMBO Ceremony with Cristina

Please note: Travel and airport transfer is not included.





# Energy Exchange (includes tax)

Occupancy	Single	Double	Refund policy
2nd to 30th Nov	INR 66996	INR 51996	Refund policy is same
EARLY BIRD 1st Oct to 1st	INR 56996	INR 46996	If you cancel between payment and 30th Oct – 75% refund.
EAGER BIRD Before 30th	INR 49996	INR 39996	Cancel between 1st Nov to November end- 25% credit.
Registrations close on 1st december			After Nov, no refund, no credit.



**AFTER THIS KLIMB: you will be able to imbibe:**

**Flow**

**Creativity**

**Nurture your projects**

**Enthusiasm**





# What Students are saying about Urmi's coaching?

Hello Urmi.. been doing the grounding meditation since I got back every day first thing since I wake up. Waking up to your voice and then today even after the voice over got over I stayed in it for a min long. During the day this keeps coming to my mind. And it feels very good. I am definitely seeing and responding to situations in better ways than before. Felt like sharing this with you.

7:10 AM



Grateful forever. May you continue to light up lives ✨.

7:11 AM

Refund policy is fixed under any circumstance.

Hi Urmi! Was reflecting in my journal and was really finding it hard to put into words what Klimb has been for me because I am still integrating it. But deeply, from the bottom of my heart, I feel so so grateful that you put together something so beautiful, a space/a place/an experience that connected so many people together in a way that could be very deeply felt! I was hitting the bed and could feel a sudden almost void that everyone is dispersing into their own lives soon which is a rare feeling for me! I'm usually at peace with these things :) it's new and I wanted to acknowledge it. I feel physically stronger too and had a great pole class. While I am very far from even average, I wanted you to know that if it wasn't for the fact that I was here for Klimb, I may not have had the confidence to do it!

Edited 12:18 AM



Thank you so much for the session today Urmi. When you said, "Our body is not man-made, it is created by mother nature" - You have no idea the intensity of goosebumps I experienced. And the fact that there is more power to showing up with same energy rather than show up with same tasks.

If no one told you this today, you are awesome and you are doing a superb work by uplifting energies of people around you. Who desperately are in need of it, like moi.





# What Students are saying?

Dear Coach,

You know you're special, for your self, before you are to another or anything else. You have experienced for yourself how you contribute to the world. You present to others what they may not realise for themselves yet have the closest; 'Hope'. I shall not use any adjectives here to express to you how you are looked upon. You decide for yourself & you know what, that which you see in others is not what they have to offer you, it's you & all that is reciprocated to you are your own great causes you've been creating in this lifetime.

Urmi you are Someone

Who does everything from the heart, rock those workout and a pure badass coach who gives her everything for the client and the people that are associated with you .

Your discipline , consistency doing the same things over the years that have taken to where you are now Have always inspired me .

This defines you for me

Who aims for the sky and at same time always been grounded to her roots ❤️